# Railroad Health and Welfare Plans

# Directory of Benefits

# and toll-free phone numbers

## Highmark (BCBS)

(http://www.highmark.com) (http://www.bcbs.com)

• Active members and others covered under the NRCIUTU Health and Welfare Plan (690100) or the National Health and Welfare Plan (GA-23000) should send claims to: Highmark Blue Cross Blue Shield, RR Dedicated Unit, P.O. Box 890381, Camp Hill, PA 17089-0381. Individuals who need information about the Comprehensive Health Care Benefit or Managed Medical Care Program should call 1-866-267-3320.

### UnitedHealthcare

(http://www.myuhc.com)

- Active members and others covered under the Comprehensive Health Care Benefit or the Managed Medical Care Program of the NRC/UTU Health and Welfare Plan (GA-690100) should send claims to UnitedHealthcare, P.O. Box 30985, Salt Lake City, UT 84130-0985. For information, call 1-888-445-4379.
- Active members and others covered under the Comprehensive Health Care Benefit or the Managed Medical Care Program of the Railroad Employees' National Health and Welfare Plan (GA- 23000), and retired members and others covered under UnitedHealthcare Group Policies GA-46000 or GA-23111 Plans A, B, C or E should send claims to: UnitedHealthcare, P.O. Box 30985, Salt Lake City, UT 84130-0985. For information on GA-23000, call 1-800-842-9905. For information on GA-46000 or GA-23111 Plans A, B, C or E, call 1-800-842-5252.
- For the Medical Care Coodination Program (for general questions or to obtain mandatory prior approval for certain tests and procedures as required under the Plan), call the telephone number on your medical identification card.
- For retired members and others covered under GA-23111 Plan F, the Medicare Supplement, send claims to UnitedHealthcare, P.O. Box 30304, Salt Lake City, UT 84130-0306. For information, call 1-800-809-0453.
- For Nurseline<sup>sM</sup>, which provides 24/7 access to live nursing professionals and other information, call 1-866-735-5685.

# United Behavioral Health

(http://www.liveandworkwell.com)

• Members and others covered for medical benefits under The NRC/UTU Health and Welfare Plan or The Railroad Employees' National Health and Welfare Plan (GA-23000) needing to take advantage of mental health and substance abuse benefits administered by United Behavioral Health should call 1-866-850-6212.

#### Aetna

(http://www.aetna.com)

- Those individuals enrolled in the Managed Medical Care Program administered by Aetna under the NACIUTU Health and Welfare Plan should send claims to Aetna, P.O. Box 981106, El Paso, TX 79998-1106. For information, call 1-888-332-8742.
- Those individuals enrolled in the Managed Medical Care Program administered by Aetna under the Railroad Employees' National Health and Welfare Plan should send claims to Aetna, P.O. Box 981106, El Paso, TX 79998-1106. For information, call1-800-842-4044.
- Send claims for dental benefits under Aetna Group Policy GP 12000 to Aetna, P.O. Box 14094 Lexington, KY 40512-4094. Call toll-free 1-877-277-3368.

## **Express Scripts**

(http://www.express-scripts.com)

• Members covered under the NRC/UTU Health and Welfare Plan, the Railroad Employees' National Health and Welfare Plan (GA-23000) or UnitedHealthcare Group Policy GA-46000 are eligible for a prescription drug care plan and a mail-order maintenance-medication benefit. For information about the drug program under the NRC/UTU Health and Welfare Plan, GA-23000 and GA-46000, call 1-800-842-0070.

#### MetLife

(http://www.metlife.com)

• Active and retired employees who need information about life and accidental death and dismemberment insurance benefits administered by MetLife as provided for in the NRCIUTU Health and Welfare Plan and the Railroad Employees' National Health and Welfare Plan should contact MetLife, P.O. Box 14401, Lexington, KY 40512-4401, or oall1-800-310-7170.

## EyeMed Vision Care

(http://www.eyemedvisioncare.com/railroad)

• Members inquiring about the benefits of the National Vision Plan should call 1-855-212-6003.

## U.S. Railroad Retirement Board

(http://www.rrb.gov)

• Active and retired employees are encouraged to contact an RRB representative to inquire about their benefits. Local and regional board offices can be located on the above website or by calling the new national toll-free number of 1-871-712-5712.

#### Palmetto GBA Railroad Medicare

(http://www.palmettogba.com)

• Retired employees and/or dependents entitled to Railroad Medicare who need information about their Part B benefits may contact Palmetto GBA by calling toll-free 1-800-833-4455.

#### Miscellaneous

- For former Switchmens' Union of North America (SUNA) members holding permanent life insurance under Aetna Group Policy 47350: Aetna Life and Casualty, 620 Erie Blvd. West, P.O. Box 4951, Syracuse, NY 13221- 4951. Call 1-315-424-4614.
- For Yardmaster insurance coverage under Supplemental Sickness (G-9000) call Trustmark at 1-800-877- 9077; for Supplemental Life 29649-G (1898024) call Minnesota Life at 1-800-328-9442, Ext. 55346.

# \$2,000 Retiree Life Insurance Benefit

If you retired from railroad service on or after April I, 1967, you may be eligible for a \$2,000 Retiree Life Insurance benefit. Benefits are administered by MetLife for all retirees from railroads participating in the NRC / UTU Health & Welfare Plan and the Railroad Employees National Health and Welfare Plan (GA-23000). To file a claim or to obtain a change-of-beneficiary card, call MetLife at 1-800-310-7770. Retirees are urged to keep this notice with their other important documents and to keep the designated beneficiary up-to-date, When filing a claim, it will be very helpful to know the date the employee last worked, the name of the employing railroad, and the employee's Social Security number. These items will assist in the prompt processing of claims.